

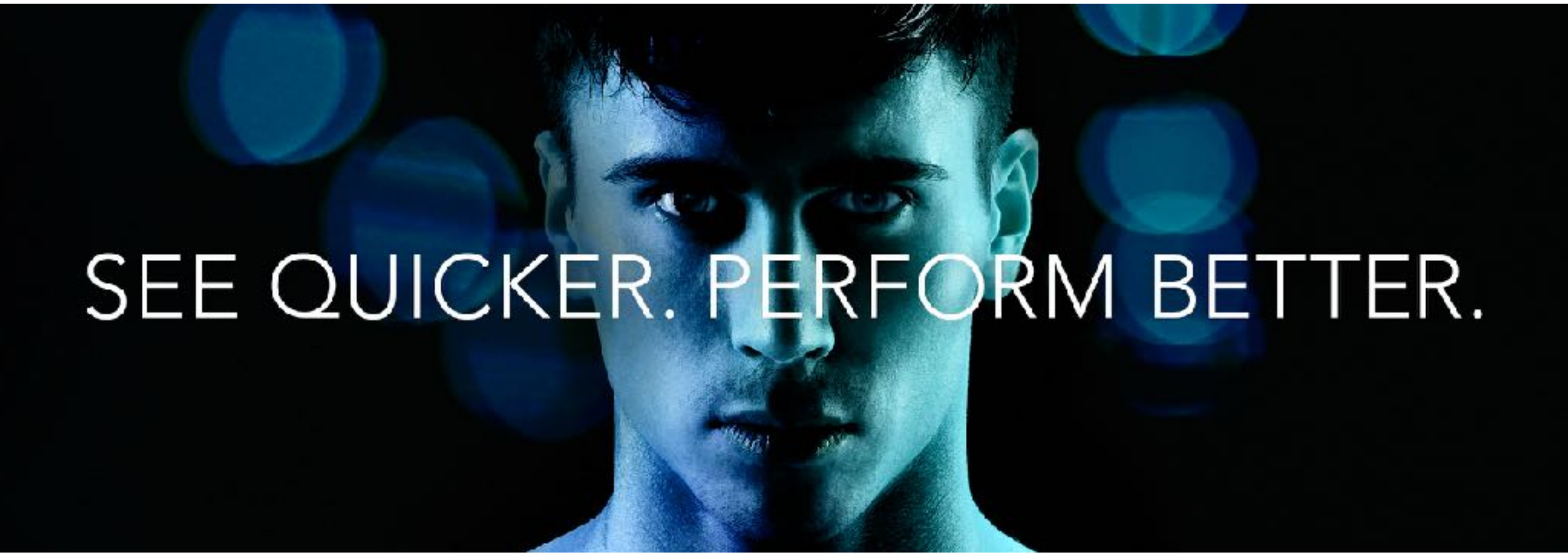
SEE QUICKER
PERFORM BETTER



An OKKULO case study

Hartlepool United

An OKKULO case study with the 1st Team Goalkeeping Department with head coach Ross Turnbull and 1st choice goalkeeper, Ben Killip


SEE QUICKER. PERFORM BETTER.



Imagine you could see, think and act quicker than the opposition whatever your sport.

Well, that's what OKKULO can do for you.

Our specialist training technology and environment use light science to override the biological process of the brain and adapt the athlete's visual system to improve their perception and reaction. When training in the changing light levels of the system an athlete's visual processing of information accelerates.
When performing back in normal light levels the athlete finds that a recalibration of the brain has taken place and that the improved visual processing continues, allowing them to consistently perform better.

In other words, we speed up the athlete and slow down their sport.

OKKULO technology is revolutionising training for teams and individual athletes, improving performance by as much as 64%

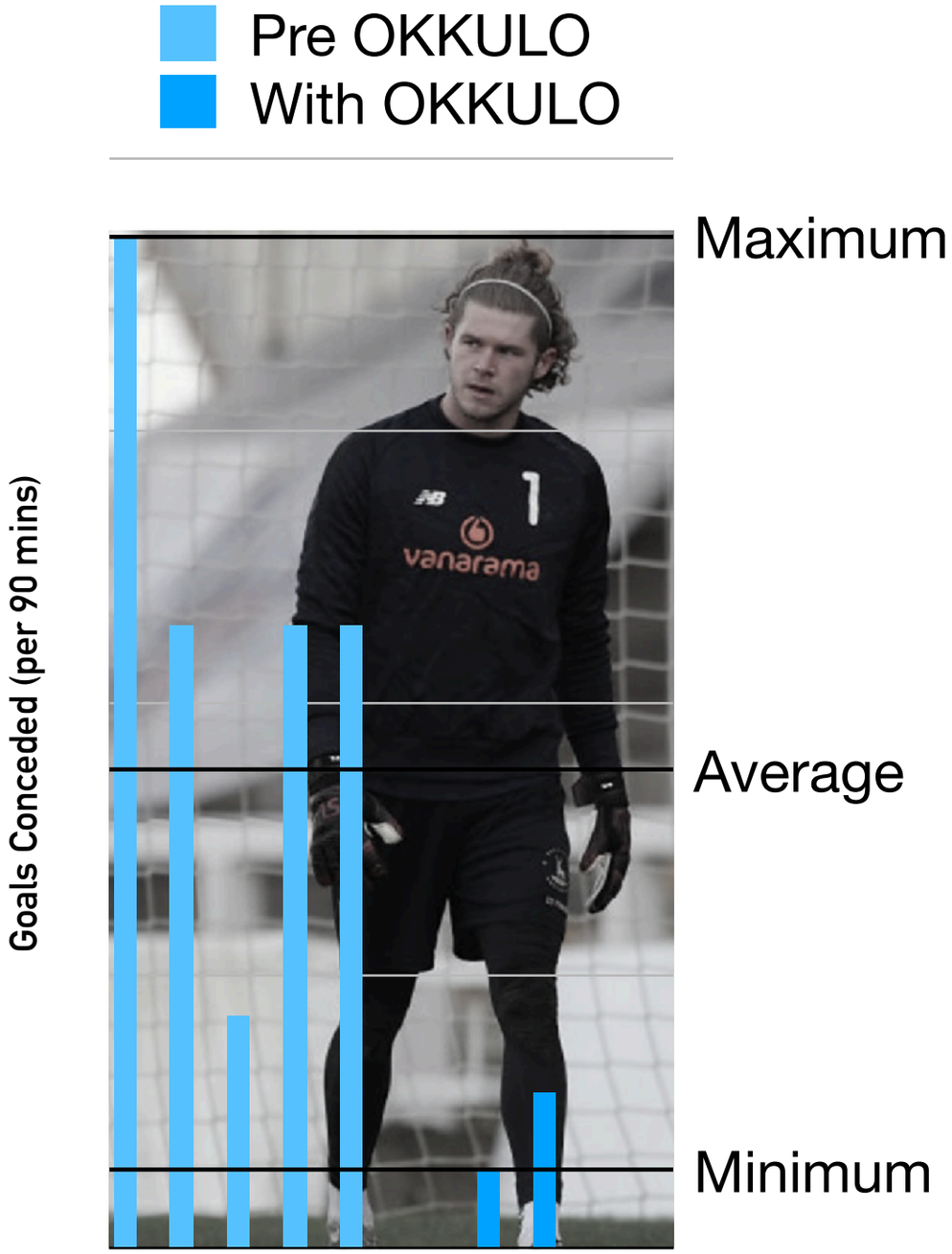
	Braintree Town *(2019 - 20)*	Hartlepool United *(pre OKKULO)*	Hartlepool United *(with OKKULO)*	Hartlepool United (2020 - 21)
Games Played	38	28	6	31
Goals Conceded	66	39	3	25
Goals Conceded (per 90 mins)	1.74	1.39	0.50	0.81
Clean Sheets	10	5	3	8
Clean Sheet %	26%	18%	50%	26%

The table above clearly demonstrates Ben Killip's performance improvement post-Okkulo intervention. This can be seen in the difference between the Hartlepool United (pre Okkulo) column and the Hartlepool United (with Okkulo) column. Ben trained in Okkulo from February to May 2020. (See goals conceded improvement opposite).

Clean sheet percentage increased from 18% pre OKKULO to 50% with OKKULO. Goals conceded per 90 minutes dropped from 1.39 to 0.50 with a 64% improvement.

Ben also saved a penalty and received an England C call up during this period.

The grey chart column represents season 2020 - 21. Ben did not train in OKKULO during this period.



Graph showing the goals conceded during each month over the 2019 to 2020 season.

* Ben did not play in the 1st team during January 2020.

OKKULO

SEE QUICKER
PERFORM BETTER

